

Information about The Gestalt Training of the PA Gestalt Center (as of 1-17)

- 1. When does it meet?** Approximately 10 Tuesday evenings (6:30-9:30pm) plus 3 weekend workshops per year, one of which is set and the other two are flexible, one 7-hour workshop every academic year, and meetings on your own with members of your group in “minigroups”.
- 2. When does Training start?** It starts with the first weekend in January, which is an introductory training workshop led by our second-year students. In some circumstances, students who miss this workshop may still join our new class (which begins in early January) by attending an alternate workshop.
- 3. How and when do I apply?** Send/email us a letter explaining how the Training fits with your personal and professional goals, a check for \$85, and a resume (if you have one, and if you don't, include your educational and work experience in your letter). Address: 1434 Treeline Drive, Malvern, PA 19355 You may attend class before you apply.
Following our receiving these materials, you can schedule a time to meet with one of the three trainers: **Dori Middleman 610-664-7793 Mark Putnam 610-375-0544**
Mariah Gladis 610-251-0945
- 4. Who can apply?** Anyone who is interested in the Training for personal or professional reasons may apply. There are no educational prerequisites. During your interview, we will help you decide whether the Training or one of our other programs best fit your needs.
- 5. What is the cost?** The tuition each year is \$2650. There is an additional charge of \$225 (may increase from time to time) for each workshop, which covers the cost of food and room rental.
- 6. What happens if I miss a class?** You are responsible for making up the material. You may wish to video-conference with your class if you are unable to attend in person but free during the time of the class.
- 7. What are the class assignments?** Several short papers, one longer paper, reading several books, leading some group exercises in front of small and large groups, working with your second year class to design and present the introductory workshop in January and one-day workshops, attending class sessions, an autobiographical project and presentation.
- 8. Where does the class meet?** Our Tuesday evening sessions are usually at the home of Mariah and Ron Gladis, 1434 Treeline Road, Malvern, PA 19355. Our first Tuesday session will be at the National Conference Center, 1485 Valley Forge Road, Phoenixville, PA
- 9. What credit can I obtain from doing the Gestalt Training?** You can receive 103 hours of continuing education credits if you are a social worker, marriage and family therapist, or professional counselor in Pennsylvania. Academic credit is sometimes given at colleges which allow a flexible individually-design semester project. We can offer support materials if you wish to try to do this.
- 10. What do I receive when I complete the 3-year training?** You will receive a certificate at graduation if all your work is completed and you have paid in full. This certificate allows you to call yourself a certified Gestalt therapist if you already have a master's degree or above in a therapy field. If you are a bodyworker, you may call yourself a certified Gestalt bodyworker, etc. Our program is equivalent to other three-year Gestalt training institutes. There is no overseeing agency which accredits Gestalt institutes.
- 11. Do I have to do all three years in sequence?** Some people do take a leave of absence for a year or more, returning to complete the program at a later date. The disadvantage of taking time off is that you will not be with the same class in which you started, and you will have a shorter time with your graduating class.
- 12. Can I take just one or two years of training?** Yes. We do find that students who complete the three-year program and become certified grow more and learn more than students who stop their training after one or two years.
- 13. Can I take the whole Training by video-conferencing?** Yes and no. You may attend evening classes and minigroups by video-conference. You must attend the three workshops live.